

Come Sail with Us and Earn Your Contact Hours!

Louisiana State Nurses Association presents

## “Healthy Nurse, Healthy Nation, Navigating the Seas of Alternative Therapies”



**Cruise Dates:** Thursday, November 2 – Monday, November 6, 2017

**Ports:** from New Orleans to Cozumel, Mexico

**Speaker:** M’Lou Barnett, MSN, FNP-BC, MBA, Integrative Medicine Fellow, NSU Faculty

**Learning Outcome:** Participants will have an appreciation of the contribution of alternative therapies to personal life and professional practice.

**Target Audience:** Registered nurses and advanced practice nurses in all areas of practice. Other health care professionals are invited to attend.

**Sessions** are held on Friday and Sunday. Saturday is a port day in Cozumel and no classes are held. 2.5 contact hours will be awarded each day for successful completion. A total of 5 contact hours will be awarded for attending both days. The cost of the program is \$50 for ANA/LSNA members and \$80 for non-members.

Louisiana State Nurses Association is an accredited provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

### **Travel Arrangements:**

Travel arrangements **MUST BE** made through Travel Central. This guarantees appropriate meeting space for our group. All meeting space is coordinated by Carnival so accurate numbers are important. Travel Central will be able to meet all Carnival web special pricing.

Please contact Nancy Scorcia at Travel Central 3221 Causeway Blvd, Metairie, LA 7002 (347) 255-5614 (cell) FAX (504) 834-0159 [nancy@travelcentralvacations.com](mailto:nancy@travelcentralvacations.com)

For program information, please contact Diane Webb, Shreveport District Nurses Association at (318) 780-8473 or [rhetton@aol.com](mailto:rhetton@aol.com). Additional information can be found at [www.lsna.org](http://www.lsna.org)